



CANTUM

LUDUS

SHIRE OF SEA MARCH
JULY 2011
AS XLVI

Officers Directory

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Shire Honors

Those of our Shire have been working diligently, and their work has not gone unnoticed.

Whitey of Sea March, Kitty of Sea March, Nate of Sea March, and Edda Æthelwulf have all recieved Awards of Arms at Tavern Brawl!

L. Seikka Heikkinen recieved the Roses' Acclaim at Summer Art/Sci.

L. Bob the Broken became a member of the Order of the Golden Galleon. at Tavern Brawl.

L. Symonette de Auffant became a member of the Order of the Argent Morningstar
THL Finnguala inghean Alusdair recieved the Crown's Order of Gratitude at Tavern Brawl.

We thank all who serve our Shire and the Dream.

Welcome Jesse Warren!

Congratulations to Duke Mittion and Countess Rosalinda on the birth of their beautiful son Jesse Warren. Born May 22nd 2011.



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A Letter From The Rapier Marshal

Greetings From Don Seamus - Rapier Marshal of Sea March

So far, this year has been a pretty good one for the Shire's rapier community.

We participated with Southkeep and Sangre del Sol in the ComicCon Demo in Miami. Our fighters were entertaining and acquitted themselves very nicely (on an indoor slippery field). It was a lot of fun and we hope the next one will have more people. The SCA also won the Best Costume prize as a group. We received a lovely thank you and an invite to the next Demo in December.

At Spring Coronation we also saw my Cadet, Ian of Sea March, receive his White Scarf. Ian has been fencing since he could lift a sword. He is a natural fencer and has won tournaments more often than any of my other Cadets or students. Ian fenced more than 50 fighters in the course of fighting his prize. He ran the Tourney for the Roses at our April event, which is traditional, and was attended by their Majesties and by Her Grace, Duchess Elspeth.

There are 3 fighter practices for our Rapier fighters and they are held in 2 different locations. Please check the Shire website for times and places.

Please come to watch or learn at either practice – all are welcome.



A Letter From The Chronicler/ Webminister

To the most noble populace of the glorious Shire of Seamarch, your humble servant sends greetings.

Summer begins to wane and the beautiful fall season is soon upon us, bringing with it a bounty of events and gatherings with friends. Soon, and most notably, our gathering over Labor Day weekend, where their Highnesses would be coronated, should anything happen to their Majesties (Heaven forbid!). But before then, we will enjoy such great times as Res Vestaria in the Barony of Marcaster and of course, the great Pennsic War in the north.

As your Chronicler, I request those that are headed to the war, or to Res Vestaria, to pause but a moment to share some of your experiences with the rest of your shire. Everyone has a different experience at an event, and there are those who would love to hear about it. So much is going on, that it is impossible to see everything, often there is a lot going on that many don't realize. You don't have to be a master writer, and an essay is not required. I promise to be kinder than your English teacher. Anything is welcome – tell me about a fantastic class you took, or that one evening you went to a wonderful encampment that was celebrating someone's birthday. Spend just a few minutes to send me an email, a letter, or if you are disinclined to write, find me at a meeting and tell me your experience. I will be happy to write it for you.

Other types of submissions are also most welcomed! Maybe you came across a great medieval recipe you want to share, a new combat technique or style that you've been researching, maybe you've been recreating a piece of garb, or are finally building that trebuchet in your garage and want to share tips on what to do or not to do. Pen a review of that phenomenal historical fantasy book you just read, or pan that movie that just came out. The possibilities are limitless. This newsletter can't happen without your support!

On the internet front, for any who aren't familiar, we have a Yahoo group (SeaMarch) and will soon have a Facebook group back up (the current group suffers from non-reparable technical difficulties on Facebook's end). You will be able to find the current issue of *Tantum Ludus* on there, and eventually, we will be adding older issues as we can. The website will be undergoing a transformation to make it more readable and the information easier to find. I welcome anyone to email me (seikka@yahoo.com) with suggestions and criticism. Remember, this site is yours, and it needs to help serve your needs. If you see something that you think is wrong on the website (a typo, a location or address, wrong time) email me and let me know! Don't assume someone else has!

Yours in service,

Lady Seikka Heikkinen

Seikka's Kitchen

Today I'm sharing one of my favorite period recipes that makes a delicious side dish anytime. I know some of you aren't normally fans of chickpeas (garbanzo beans) but whenever I make this, I always end up with someone coming up to me to let me know "I normally don't like chickpeas, but that was delicious!". For the garlic lover, this is guaranteed to keep vampires at least 100 yards away.

This was a popular dish around several cultures, but the recipe I'm sharing today comes from *A Forme of Cury*, c. 1390 by the master cooks of King Richard II. This book was loaned out by its owner in the late 1700s in order to be typeset and printed – which is where we find the recipe today.

Original Text

Chyches. XX.III. XII. Take chiches and wry hem in ashes all nyzt, oþer lay hem in hoot aymers, at morrowe, waisshe hem in clene water and do hem ouer the fire with clene water. seep hem up and do þerto oyle, garlec, hole saffroun. powdour fort and salt, seep it and messe it forth.

What that says in contemporary English

Chyches. Take chiches (chickpeas) and lay them in ashes all night, or lay them in hot embers. Tomorrow, wash them in clean water and put them over the fire with clean water. Seep (boil) them in olive oil, garlic, whole saffron, powder fort (strong powder – a spice blend) and salt. Seep this and serve.

Chyches

2 cans chickpeas

2 garlic cloves, minced (you can add more to your taste)

Olive Oil (amount will vary)

½ tsp ground cloves

1 tsp ground ginger

2 tsp pepper (black pepper is fine, I prefer white in this recipe)

Pinch saffron (optional)

Salt (to taste)

Rinse your canned chickpeas, and let them dry slightly. Spread them out on a baking sheet (make sure it has a lip or your chickpeas will roll off into your oven!) and roast in a 400° oven for approx 45 mins. The chickpeas will start to smell like roasted nuts. Shake the pan about halfway through cooking to turn the chickpeas. Remove the chickpeas and place them in a pot with the garlic. Fill with water until the water is about ½ inch below the top of the chickpeas. Add enough olive oil to just cover the chickpeas. Add your spices and stir. Bring to a boil, then turn down the heat and simmer for 10-15 minutes. You can drain it or serve as it.

Note: If you decide to use saffron, you should "bloom" it before adding for maximum flavor. The quick way it to soak your saffron threads in just enough hot water to cover your threads. Let this sit about 20 minutes, then lightly mash with the back of a spoon. Add with the rest of the spices.

Summer Art/Sci & Duke University

Summer Art/Sci & Duke University was held June 18th in Maitland and was graciously run by the Shire of Castlemere. Though our sunny state threatened to melt the populace, the event was well-attended. The field and gymnasium were filled with fighters perfecting their arts and there were many wonderful classes held.

Our shire had an extremely respectable showing. We had four people entering: Jingridh Paedhersdotter, Vistillia Messalina Puhcheria, Finnguala inghean Alusdair, and Seikka Heikkinen. Jingridh entered some of her beautiful inkle loom weaving, Vistillia and Finnguala entered lovely pieces of calligraphy and illumination, and Seikka entered a red chalk drawing.

Art/Sci Awards Given:

Patron of the Arts - Barony of Darkwater

Champion of the Arts - Aibhilin inghean Daibhidh

Populace Acclaims - Isabeall Sibilli di Lucca & Johann von Ledden

Roses' Acclaim - Seikka Heikkinen

Coronets' Acclaim - Thora Oakenhair

Crowns' Acclaim - Johann von Ledden

Laurels' Acclaims - Arianne de Chateaumichel & Jutte Haberlein

Non Pariels - Aibhilin inghean Daibhidh, Melissent Jaquelinne la

Chanteresse & Aedan O'Diomasaigh

The Shire of Sea March
Presents

The Medieval Market

September 24th, 2011



**Join us at the Palm Beach Gardens Moose Lodge
(3600 RCA Blvd, Palm Beach Gardens, Florida 33410)
for a Scadian Swap Meet. Clean out your closets,
garages, storage units and bring your SCA items
you want to sell, barter or trade.**

There will be pick-up fighting and a pot-luck dinner.

Please bring a dish to share (enough to feed 6)

Site opens at 10:00 AM

This is a FREE event.

Contacts:

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No Calls After 10 pm
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mka Lynn Moore
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Linyeve.de.everley@gmail.com

Newcomer's Class, Award Recommendation Letter Writing Class, and a Couching Class will be taught.

There will also be a scavenger hunt with a prize for first place!

August 2011

Pennsic War

Fri Jul 29, 2011 - Mon Aug 15, 2011

Mon Aug 1, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Aug 2, 2011

6:30pm - 8:30pm Rapier Combat Practice

Thu Aug 4, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Aug 7, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Aug 8, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Aug 9, 2011

6:30pm - 8:30pm Rapier Combat Practice

Thu Aug 11, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Aug 14, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons

Mon Aug 15, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Aug 16, 2011

6:30pm - 8:30pm Rapier Combat Practice

Thu Aug 18, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Aug 21, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Aug 22, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Aug 23, 2011

6:30pm - 8:30pm Rapier Combat Practice

Wed Aug 24, 2011

7:30pm - 8:30pm Shire Business Mtg

Thu Aug 25, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Aug 28, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Aug 29, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Aug 30, 2011

6:30pm - 8:30pm Rapier Combat Practice

September 2011

Thu Sep 1, 2011

6:30pm - 8:30pm Rapier Combat Practice

Fri Sep 2, 2011 - Mon Sep 5

Fall Coronation

Tue Sep 6, 2011

6:30pm - 8:30pm Rapier Combat Practice

Thu Sep 8, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Sep 11, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Sep 12, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Sep 13, 2011

6:30pm - 8:30pm Rapier Combat Practice

Wed Sep 14, 2011

7:30pm - 8:30pm Shire Business Mtg

Thu Sep 15, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sun Sep 18, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Sep 19, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Sep 20, 2011

6:30pm - 8:30pm Rapier Combat Practice

Thu Sep 22, 2011

6:30pm - 8:30pm Rapier Combat Practice

Sat Sep 24, 2011

Sea March Anniversary

Sun Sep 25, 2011

12pm - 2pm Rapier Combat Practice

12:30pm - 2:30pm Heavy Weapons Practice

Mon Sep 26, 2011

7:30pm - 9pm Scribal/Various Wkshop

Tue Sep 27, 2011

6:30pm - 8:30pm Rapier Combat Practice

Wed Sep 28, 2011

7:30pm - 8:30pm Shire Business Mtg

Thu Sep 29, 2011

6:30pm - 8:30pm Rapier Combat Practice